

# Focus Cereals

Last Updated: 12-04-2026

## 1) PRODUCT DETAILS

|                        |                |
|------------------------|----------------|
| BARCODE - EAN 13 -250g | 5070003529209  |
| BARCODE - EAN 13-25g   | 5070003529247  |
| GTIN-14 (Box*12*250g)  | 15070003529206 |
| GTIN-14 (Box*30*25g)   | 15070003529244 |

WHOLEGRAIN CEREAL MIX WITH BUCKWHEAT, MILLETS, PEA PROTEIN, , ADDED SWEETENER, FORTIFIED WITH VITAMINS

EN - Organic Ancient Wholegrain Mix 64% (Buckwheat, Millets), Organic Brown Rice Flour, Corn Grits, SorghumBran, Pea Protein Concentrate, Water, Tapioca Starch, Chicory Root Inulin, Sweetener (Steviol Glycoside from Stevia), , Natural Flavourings, Natural Madagascan Vanilla Extract (Alcohol Free),Thiamine, Riboflavin, Niacin, Pantothenic Acid, Vitamin B6, Folic, Acid, Vitamin B12, Vitamin C, Vitamin D, Vitamin E, Antioxidants (Rosemary Extract).

**Batch Code:** FC-M1-150426-01

**BBE (Best Before Date):** 12 months shelf life/Expiry date

**Allergens:** Made in a factory also handling milk, sesame, mustard, soya, wheat

**Net Weight:** 250 gms & 25gms

**Laminate Pouch/Sachet Size :** 250g - 29cm height x 24cm width, 25g - ??

**Mono Carton (250g):** FSC Paperboard , 380gsm - PAP 21

**Mono Carton (25g):** FSC Paperboard , 350gsm - PAP 21

**Shipping Carton:** 3 Ply, C flute - PAP20

**Storage:** Store in a cool, dry place. Once opened transfer the contents to an airtight container to retain freshness.

## 2) NUTRITIONAL INFORMATION

| Nutrient           | Per 100g           | Per 25g serving  | % RI per 25g |
|--------------------|--------------------|------------------|--------------|
| Energy             | 1534 kJ / 367 kcal | 367 kJ / 88 kcal | 5%           |
| Fat                | 2.8 g              | 0.7 g            | 1%           |
| of which saturates | 0.6 g              | 0.1 g            | 1%           |
| Carbohydrate       | 72 g               | 18 g             | 7%           |
| of which sugars    | 0.7 g              | 0.2 g            | 0.2%         |
| Fibre              | 16 g               | 4 g              | N/A          |
| Protein            | 22 g               | 5.5 g            | 11%          |
| Salt               | 0.04 g             | 0.01 g           | 0.2%         |

| Vitamin  | Per 100g | Per 25g serving | % NRV per 25g |
|----------|----------|-----------------|---------------|
| Thiamine | 1.1 mg   | 0.28 mg         | 25%           |

|                     |        |         |     |
|---------------------|--------|---------|-----|
| Riboflavin          | 1.4 mg | 0.35 mg | 25% |
| Niacin              | 16 mg  | 4 mg    | 25% |
| Pantothenic Acid    | 6 mg   | 1.5 mg  | 25% |
| Vitamin B6          | 1.4 mg | 0.35 mg | 25% |
| Folic Acid / Folate | 200 µg | 50 µg   | 25% |
| Vitamin B12         | 2.5 µg | 0.63 µg | 25% |
| Vitamin C           | 80 mg  | 20 mg   | 25% |
| Vitamin D           | 5 µg   | 1.25 µg | 25% |
| Vitamin E           | 12 mg  | 3 mg    | 25% |