# **Nascent Iodine**

Nascent lodine is a liquid atomic form of this crucial mineral, which is well absorbed by the body and delivers optimal amounts needed for essential bodily processes.

The atoms in Nascent lodine have an incomplete number of electrons, so they hold an electromagnetic charge. They remain inactive in the bottle but become active when mixed with water and consumed. These "charged" atoms provide a huge release of energy for roughly 2-3 hours before gradually losing their power.

Taking alongside the mineral selenium is recommended, as they work together to support thyroid health. However, individuals taking thyroid medication should consult their healthcare provider before taking iodine supplements.

### Benefits of Nascent Iodine:

- 1. Superior bioavailability
- (2.) Up to five months' supply per bottle
- 3. Supports intake of this essential trace mineral
- (4.) Various health benefits

## Directions for Use:

Take 1-3 drops in half-ounce water twice daily on an empty stomach, or as directed by a healthcare professional.





Contents:

30 / 1 fl.oz Liquid

# Questions & Answers

## SUPPLEMENT FACTS

SERVING SIZE: 1 DROP

SERVINGS PER CONTAINER: 1500

	AMOUNT PER SERVING	% DAILY VALUE
Iodine	350mcg	233%

\*Daily Value not established

Other Ingredients: Alcohol.



# **Question:** How does Nascent Iodine benefit my health?

**Answer:** lodine is crucial for thyroid function and the production of thyroid hormones. Other benefits include supporting reproductive and brain health and energy levels.

## **Question:** Can I use Nascent Iodine with medication or other supplements?

**Answer:** There are no known interactions with any nutritional supplements. If you take any prescription medication, especially for the thyroid, consult your healthcare provider before use.

#### **Question: Who can use Nascent Iodine?**

**Answer:** It is suitable for vegetarians and vegans. Although recommended during pregnancy, pregnant and lactating women should first consult their doctor before use for appropriate guidance.



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