



## CLUSTERS OF NUTS AND SEEDS WITH A MAPLE SEASONING

### MOTHER'S\* INGREDIENTS:

Roasted **nut** pieces 42% (**almonds**, **cashews**, **pecans**), seeds 10% (pumpkin, sunflower, chicory root fibre, maple seasoning (sugar, rice flour, maple syrup powder, natural flavouring, caramelised sugar) rice crisp, gluten free **oats**, vegetable oil (shea), tapioca, starch, sea salt, natural flavouring.

For allergens, see ingredients in **bold**. Made in a facility that handles other nuts, milk and soya.

## CLUSTERS OF NUTS & SEEDS MADE WITH NATURAL INGREDIENTS HIGH IN FIBRE



ENJOY DOING SOME GOOD.

HAPPY ELEVATING®, CHESTER (THE FOUNDER OF RAISE)

\*\*HEAR MORE: [RAISESNACKS.CO.UK](https://www.raisesnacks.co.uk) [RAISESNACKS](https://www.raisesnacks.co.uk)

\*\*"INSPIRED BY MY MUM'S HOMEMADE GRANOLA, RAISE IS MADE FROM A MIXTURE OF NUTS, SEEDS, OATS, PUFFED RICE AND A LITTLE BIT OF MAPLE SEASONING. THIS POUCH DELIVERS A RANGE OF NUTRIENTS FROM NATURAL INGREDIENTS. IT'S A POUCH OF EDIBLE ELEVATION, AND NOT JUST FOR YOU...

— FOR EVERY POUCH YOU BUY, YOU HELP TO FEED A CHILD AT RISK OF HUNGER IN THE UK.\*\*

## MAPLE PECAN

# RAISE

### NUTRITIONAL INFORMATION

Typical Values	Per 100g	Per 35g
Energy (kJ)	2057	720
Energy (kcal)	491	172
Fat (g)	36	13
of which Saturates (g)	7.0	2.5
Carbohydrate (g)	25	8.6
of which sugars (g)	12	4.2
Fibre (g)	13	4.5
Protein (g)	11	3.7
Salt (g)	1.0	0.35

Store in a cool, dry place.

**Best Before:**

RAISE SNACKS LTD.  
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