

# RSR052 - Crispy Veg Nuggets



## Ingredients declaration

Corn semolina 20%, Butternut 13%, Parsnip 13%, Sweet potato 12%, Carrot 12%, Water, Sunflower oil, Corn starch, Pea flour, Chickpea flour, Potato flakes, Salt, Vegetable bouillon (Dehydrated vegetables [Onion, Tomato, Garlic], Salt), Black pepper, Cinnamon

## Allergen information

All Allergens highlighted in bold>

## Nutritional information

Serving Size:	Per 100g as sold	Per 3 Bites as consumed	Unit
Energy	772	478	kJ
	185	115	kcal
Fat	9.4	5.5	g
of which saturates	1	0.6	g
Carbohydrates	21	13.4	g
of which sugars	5.1	2.1	g
Fibre	3.1	2.1	g
Protein	3	1.8	g
Salt	0.58	0.33	g



## Nutrition claims

Source Fibre >3g/100g Low saturated fat <1.5g/100g



## GMO Status

GMO Free Yes

## Country of Origin

Austria