

tormula Advanced multi-strain



Directions for use:* 1-2 capsules once or twice daily with food. If you are taking antibiotics: Take 4 capsules daily ideally at a different time of day from the antibiotics. Continue taking for at least 2 weeks after completion of the antibiotic course.

For travellers: 1 week before travel follow guidelines for general use. During travel take 4 capsules daily. Continue to take for at least 1 week following the end of travel.

Children under 12: half adult dose.

Pregnancy: Bio-Kult is suitable for use during pregnancy, but we would always suggest consulting your doctor or healthcare practitioner before taking any food supplement.

*Or as recommended by your doctor or healthcare

Do not exceed recommended daily intake

Live bacterial cultures:

Bacillus subtilis PXN 21

Bifidobacterium bifidum PXN 23

Bifidobacterium breve PXN 25 Bifidobacterium infantis PXN 27

Bifidobacterium longum PXN 30

Lactobacillus acidophilus PXN 35 Lactobacillus delbrueckii ssp.

bulgaricus PXN 39

Lactobacillus casei PXN 37

Lactobacillus plantarum PXN 47

Lactobacillus rhamnosus PXN 54 Lactobacillus helveticus PXN 45

Lactobacillus salivarius PXN 57

Lactococcus lactis ssp. lactis PXN 63

Streptococcus thermophilus PXN 66

Ingredients: Cellulose (bulking agent), Live Bacteria (see above), Vegetable Capsule (Hydroxypropylmethyl Cellulose). Allergen advice: May contain soya and milk as these are used in the growth media of the strains. Traces of milk are at a level that would not affect lactose intolerance sufferers.

Each capsule contains: Minimum 2 billion microorganisms per capsule (2 x 10° CFU/capsule), equivalent to 10 billion microorganisms per gram (>1 x 10¹⁰ CFU/gram).

Concentration of 2 billion microorganisms per capsule is auaranteed throughout the shelf life.

Bio-Kult[®]

Advanced multi-strain formula

14 strains











proven to survive the high acidity of



Actual size of capsule



Bio-Kult 120 capsules food supplement

Bio-Kult capsules can be pulled apart and the contents sprinkled onto food, mixed with a drink or swallowed whole. Food supplements should not be used as a substitute for a varied diet and a healthy lifestyle. Keep out of reach of children.

Store in a cool dry place - out of direct sunlight. For Best Before End see base.

Bio-Kult®

food supplement

Advanced multi-strain formula

What are live bacteria?

Bio-Kult contains live bacteria to complement the existing gut flora naturally present in a healthy person's digestive

Bio-Kult is a scientifically developed, advanced multi-strain formula containing 14 live bacterial cultures.

Bio-Kult does not need to be refrigerated and is suitable to

Alongside antibiotics

By Vegetarians

As part of a healthy diet





Manufactured by: **Probiotics International Limited (Protexin)** Lopen Head, Somerset, TA13 5JH, UK info@bio-kult.com www.bio-kult.com Bio-Kult, Bio-Kult Candéa, Bio-Kult Pro-Cyan, Bio-Kult Infantis and Protexin are registered

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Any questions? We are here to help. Call +44 (0) 1460 243 230

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