

Ingredients: 100% Sesame seeds.

Allergens: Contains Sesame.

Weight: Net: 450g Gross: 490g

Storage: Keep away from heat, moisture and direct sunlight. Tahini Royal are not responsible for incorrect product storage by the customer.

Shake well before use.

Nutrition		Typical values / 100g
Energy Value kJ		2761 kJ
Energy Value kcal		667 kcal
Protein		27.9 g
Carbohydrates		6.2 g
Fat		57.9 g
Saturated Fatty Acids		10.0 g
Sugar		0.1 g
Sodium		20.0 mg
Salt		50.0 mg

450g e  



TAHINI ROYAL™
PURE FRESH
Tahini

100% PURE SESAME TAHINI
NO PRESERVATIVES, ADDITIVES OR WHITENING



Try these great Tahini ideas!

Make the perfect Tahini dip: Mix 5 tablespoons of Tahini with 100ml water until smooth. Then add the juice of one lemon and a little salt to taste. If you like, add a little finely chopped garlic or parsley.

Tahini on toast: Take 2 tablespoons of Tahini and add 1 tablespoon of honey, syrup or maple syrup. Mix and then spread on fresh warm toast. Delicious!

Tahini sauce: Mix 5 tablespoons of Tahini with 200ml water and add as a sauce to your fish or roast meat dish. Ideal with a salad, with falafel, and great with chips too!

Stir fry: Add 2 tablespoons of Tahini to your stir fry chicken or pork for something deliciously different.

Make your own Hummus: Rinse 200g tinned chickpeas and mix with 4 tbsp Tahini, 1 tbsp lemon juice, 1 garlic clove, and pinch of salt in a food processor for a few minutes until smooth. Then add more lemon juice and salt to taste. Perfect hummus!

Suitable for Vegans.

Tahini Royal is pure Tahini, which means each pack goes further than other brands!

Made in the UK by Tahini Royal
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