

...supporting muscle system.

Nutrition information	Amount per serving	%NRV****
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SERVING SIZE: 2 TABLETS		
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LithoLexal®-MG (fractionated marine extract)	1,212 mg	*****
Providing Magnesium*	400 mg	106.7
LithoLexal® (fractionated marine extract)	1,440 mg	*****
Providing Calcium**	432 mg	54
Vitamin D3	50 µg	1,000

* Magnesium contributes to normal muscle function.

** Calcium contributes to normal muscle function.

*** Vitamin D contributes to normal muscle function.

**** NRV means nutrient reference value

***** No NRV established

Ingredients: LithoLexal® (Fractionated Marine Extract), LithoLexal®-MG, Microcrystalline Cellulose, Hydroxypropyl methylcellulose, Cross-linked Sodium Carboxymethylcellulose, Silicon Dioxide, Magnesium Stearate, Stearic Acid, Talc, Colour (Iron Oxide), Vitamin D3 (as Cholecalciferol).

Recommended daily intake

2 tablets daily (1 tablet in the morning and 1 tablet in the evening taken with water after food). Daily dose should not be exceeded.