

PRODUCT INFORMATION:

One tablet typically provides:
Methyl sulphonyl methane (MSM)

1000ma

INGREDIENTS: Methyl sulphonyl methane, lithothamnium calcareum, bulking agent: microcrystalline cellulose, anti-caking agents: silicon dioxide, magnesium stearate; coating: hydroxypropyl methylcellulose (glycerine).

No artificial colours, flavours or preservatives. No yeast, added sugar or salt.

HIGHER NATURE®

BODY HEALTH

MSM

Dietary sulphur



FOOD SUPPLEMENT - 180 TABLETS

- ✓ Dietary sulphur, needed for collagen and keratin production
- ✓ MSM is a component of cartilage

DIRECTIONS: Adults take 1-6 tablets a day with meals building gradually. Do not exceed recommended daily intake. Food supplements should not be used as a substitute for a varied and balanced diet and healthy lifestyle.

WARNING: If you are pregnant, breastfeeding, taking any medication or have a medical condition, please consult your healthcare professional before using this product, initially may cause laxative effect. This is normal, drink water and reduce intake if symptoms persist.

STORAGE: Store in a cool, dry place out of reach of children.



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180 tablets vegetarian and vegan

This product has not been tested on animals.

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