

**SUGGESTED USE:** Take 1 softgel per day with a full glass of water and preferably with food.

**CAUTION:** Do not exceed the stated dose.  
If you are pregnant, breastfeeding, taking prescription medication or under any medical supervision it is advisable to consult a GP prior to taking any food supplements.  
Discontinue use and consult a GP if adverse reactions occur.  
Not suitable for persons under the age of 18.  
Keep out of reach of children at all times.  
Do not use if seal is broken or damaged.

**STORAGE:** Store in a cool, dry place.  
For best before end & batch number see side of label.

Food supplements are intended to supplement the diet and should not be regarded as a substitute for varied diet and a healthy lifestyle.

Bottle made from at least 80% recycled plastic.  
Please recycle bottle with cap on.  
All our products are subject to our stringent quality assurance. This product doesn't contain artificial flavours, colours or sweeteners.



Based on a  
180 day supply

6\*  
Months  
Supply

# COD LIVER OIL 1000MG

WITH EPA, DHA, VITAMIN A & D



180 SOFTGELS  
FOOD SUPPLEMENT

## Nutritional Information

Serving Size: 1 Softgel

Servings per Container: 180

	Amount per Serving	%RI*
Vitamin A	800µg RE	50%
Vitamin D3	5µg	100%
Cod Liver Oil	1,000mg	**
Providing:		
Docosahexaenoic Acid (DHA)	90mg	**
Eicosapentaenoic Acid (EPA)	80mg	**
* Reference Intake		
** No RI established		

**Ingredients:** Cod Liver Oil (**Fish**), Capsule Shell (Gelatin), Gelling Agent (Glycerol), Water, Vitamin A (Retinyl Palmitate), Vitamin D3 (Cholecalciferol)

For allergens, see ingredients in **bold**.

EPA and DHA contribute to the normal function of the heart  
Vitamin A contributes to the maintenance of normal skin and vision  
Vitamin D contributes to the maintenance of normal bones  
Vitamin D contributes to the normal function of the immune system

Manufactured according to the GMP Code Of Practice for:  
New Leaf Products LTD - London - NW4 2ES - United Kingdom  
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FOR BEST BEFORE END AND BATCH NUMBER: SEE BELOW

V01