

itsu sizzling pork gyoza 240g F2147

DESCRIPTION	CONSUMER INFORMATION	SPECIFICATIONS
Steamed Asian style wheat parcels filled with pork & vegetables	Source of protein	Appearance: White gyoza dumpling with a brown filling with green flecks from the vegatables. Texture: Pasta like texture with a juicy prok filling with slight crunch from the vegetables. Flavour: Meaty pork flavour with vegetables and a hint of garlic.
STORAGE		HFSS Scope
keep frozen-18°C. If thawed, keep refrigerated and use within 24 hours. Do not re-freeze.		1 Not in Scope for HFSS
INGREDIENTS	NUTRITIONAL INFORMATION	BARCODES
gyoza filling (shredded cabbage, pork shoulder (21%), pork fat (10%), white onion, soy sauce [water, soya beans, wheat, salt], spring onion, garlic, apple puree [apple, acidity regulator: citric acid: antioxidant: ascorbic acid], lofu [soya beans, water], sesame oil, yeast extract, sugar, textured soya protein, water, salt, black pepper, ginger powder), gyoza skin (wheat flour, water, tapioca starch, wheat gluten, rapeseed oil, salt). ALLERGENS For allergens, see ingredients In bold.	Typical nutritional values per: Energy (k.) 778 Energy (kcal) 185 Fat (g) 6.6 of which saturates (g) 2.2 Carbohydrate (g) 22 of which sugars (g) 3.2 Fibre (g) 2.1 Protein (g) 8.1 Salt (g) 1	Inner: 5060262485743 Outer: 05060262485736
UNIT FORMAT Net weight: 240g	CASE FORMAT Packaging: Material: Cardboard	COOKING INSTRUCTIONS for 8 gyoza
Packaging: Format: Pouch Material: 30HDPE MDO / 100LDPE Recyclable: No Dimensions (mm) 200 X 230 x 45 Weight (g) 14 Method of Closure Heat sealed	Recyclable: Yes Units per case: 12 Dimensions (mm) 320mm X 225mm X 230mm Case net weight (g) 425 Case gross weight (g) 3473	steam (colander or sieve) •Place colander/sieve above pan of boiling water. •Place gyoza in colander/ sieve, cover with any lid & steam for 6 mins. pan cook (authentic Japanese style) •Prehear I tsp of oil in a frying pan over a low/medium heat. •Add gyoza & cook for 4 mins. •Carefully add 4 tibsp of cold water, cover with any lid and cook for another 4 mins until all the water evaporates. gently simmer •Add gyoza to pan of sofity boiling water. •Simmer for 3 mins then drain.