## True Veda Organic Amla



## **Description:**

Amla is a sour-tasting gooseberry-like fruit that originates in India and contains a very high concentration of vitamin C, one of the highest known in the plant kingdom – twenty times that of an orange! More importantly, the vitamin C contained in the Amla fruit is stabilized by the presence of tannins, which help Amla to maintain its vitamin content even through processing. Our newest game-changing True Veda® Natural Vitamin C from Amla is the world's first non-synthetic supplement to give you 100% of your daily Vitamin C requirements in the most natural form.

## **General Benefits:**

Amla, also known as Amalaki and Indian gooseberry, contains unique antioxidants that support immune efforts, cardiovascular circulation, promotes cholesterol balance, and rids the body of cell-damaging free radicals. In fact, Amla and its high level of Vitamin C has also been found to improve muscle tone, help the urinary system, enhance fertility, increase vitality and reduce oxidative stress.

This 2-a-day antioxidant has all the plants' active components but is extracted from nature's plants in the most natural way known as the Natural Fusion Extract process. True Veda Organic Amla 400mg vegetable capsules are Highly Bioavailable and contain your 100% recommended daily allowance for Vitamin C!