

Nutritional Information: Typical values per 100ml

Energy:	69kcal/289kj
Fat:	4.1g
of which saturated:	2.7g
Carbohydrates:	4.8g
of which sugars:	4.8g
Proteins:	3.2g
Salt:	3.2g

Ingredients: Greek free-roaming goats' Milk and live kefir cultures.

*For all allergens see ingredients in **Bold***

Keep Refrigerated at 2-8 °C

Shake well before opening.

Once opened, consume within 7 days.

Best Before: See Packaging

Produced in Greece

Distributed by Mount Olympus Pure Foods Ltd.

Contact: 87 Christian Fields, London, SW16 3JU, UK

E: kefir@MountOlympusPureFoods.com

W: www.MountOlympusPureFoods.com




MOUNT OLYMPUS
PURE FOODS



GREEK KEFIR
ORIGINAL



NATURAL

★ **GOAT** ★



100% natural! Made from free roaming goats' milk. Suitable for those who suffer from cows' milk intolerance. No artificial colours, flavours or preservatives.



Our Promise - only high quality, natural products. Ideal for the whole family!



A refreshing, naturally fizzy and smooth textured drink. Gluten free and low in lactose. Simply delicious!



Our packaging is 100% recyclable! Please dispose of thoughtfully.



330ml