

Ingredients: Sparkling Water, Rosemary Extract, Ashwagandha Extract, TripleMG (Magnesium Citrate, Threonate and Glycinate), Peach Flavouring, Acidity Regulator (Citric Acid).

Nutrition Value per 100ml: Energy 5kJ/1kcal; Fat Og, of which saturates Og, Carbohydrates 0.3g, of which sugars Og, Protein Og, Salt 0.02g; Per 330ml: Magnesium 60mg (16% NRV). Magnesium helps regulate the nervous system and contributes to normal psychological function. *NRV=Nutrient Reference Value. Contains Ashwagandha, not advisable to consume if pregnant or breastfeeding.