

NUTRITIONALS

Coffee Coconut +MCTS

INGREDIENTS

Pea protein isolate, Medium-chain triglycerides (MCTs) (4%), Natural coconut flavour, Sweetener (steviol glycosides).



NUTRITIONAL INFORMATION

Serving size: 25g (2 scoops) in 350mL liquid

	P/100g	P/SERVE		P/100g	P/SERVE
Energy	1695kJ	421kJ	Fibre	1.7g	0.9g
	405kcal	101kcal	Protein	75.2g	18g
Fat	8.6g	2.0g	Salt	1.9g	1.1g
of which saturates	2.3g	0.5g	Iron	13.3mg	3.3mg (23%)*
Carbohydrate	4.7g	2.3g			
of which sugars	0.2g	0.3g			

All specified values are averages. *% Reference Intake.

NATURALLY OCCURRING AMINO ACIDS

P/SERVE			P/100g	P/SERVE			P/100g	P/SERVE
Histidine	1.8g	0.5g	Lysine	5.3g	1.3g	Threonine	2.9g	0.7g
Isoleucine	3.3g	0.8g	Methionine	0.8g	0.2g	Tryptotphan	0.7g	0.2g
Leucine	6.2g	1.5g	Phenylalanine	4.1g	1.0g	Valine	3.7g	0.9g
Alanine	3.2g	0.8g	Cysteine	0.7g	0.2g	Proline	3.3g	0.8g
Arginine	6.4g	1.6g	Glutamic acid	12.4g	3.1g	Serine	3.9g	1.0g
Aspartic acid	8.5g	2.1g	Glycine	3.0g	0.8g	Tyrosine	2.8g	0.7g