

Nutrition Information per 100g/Ernährungsinformation pro 100g/Information nutritionnelle par 100g/Voedingswaarde informatie per 100g

Energy/Energie/Énergie
Energie 1518kJ/ 363kcal

Fat/Fett/Matières grasses
Vetten 1.7g

of which saturates/davon
gesättigte fettsäuren/dont
acides gras saturés/waar-
van verzadigde vetzuren
0.3g

Carbohydrates/Kohlenhy-
drate/Glucides/Koolhy-
draten 72g

of which sugars/davon
zucker/dont sucres/waar-
van suikers 4.5g

Fibre/Ballaststoffe/Fibres
alimentaires/Vezels 3.4g

Protein/Eiweiß/Protéines/
Eiwitten 12g

Salt/Salz/Sel/Zout 1.6g

At Emma Basic, what we remove is as important as what we put in. Additives are sneaky. They can change colours, fake flavours, and make food last forever. While it would be easy to accept these additives, we never will. It takes a lot of work to make delicious food in its most basic form, but it's worth it. That's Emma Basic. Scan the QR code to find a whole range of Emma Basic products and recipes.

Ready in 4 mins



cook in a
saucepan of
boiling hot
water

rinse with
water



serve with hot soup or
with dipping sauce,
and choose your
favorite toppings

Country of Origin: China
Herkunftsland: China
Pays d'origine: Chine
Land van afkomst: China

Best Before/ Minstens
haltbar bis/ À consommer de
préférence avant le/ Ten minste
houdbaar tot:

そば SOBA NOODLES

Source
of
Protein



Emma Basic
NEVER ANY ADDITIVES

GB Noodles with buckwheat

Ingredients: **wheat** flour, buckwheat flour (15%), water, salt. For allergens, see ingredients in **bold**. Store in a cool and dry place away from direct sunlight.

DE Nudeln mit Buchweizen

Zutaten: **weizenmehl**, buchweizenmehl (15%), wasser, salz. Für allergene, siehe **fettgedruckte** zutaten. An einem kühlen und trockenen ort und vor direkter sonneneinstrahlung geschützt lagern.

FR Nouilles au sarrasin

Ingédients: farine de **blé**, farine de sarrasin (15%), eau, sel. Pour les allergènes, veuillez consulter les ingrédients en **gras**. Conserver dans un endroit frais et sec à l'abri de la lumière directe du soleil.

NL Noedels met boekweit

Ingrediënten: **tarwemeel**, boekweitmeel (15%), water, zout. Voor allergenen, zie **vetgedrukte** ingrediënten. Bewaar op een koele en droge plaats uit de buurt van direct zonlicht.

Get in touch!

We want you to love our product. If any Emma Basic product does not live up to your expectation, reach out to us. bonis@thebasicingredients.com
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250g