

Happy Tuesdays Post Rave Wellness Pack - Product Information

Go hard. Go home. Get up. Enjoy your day. Each Happy Tuesdays pack contains a unique blend of high quality nutrients to help mind and body after intense nights on the dancefloor. Trusted by over 100,000 ravers in 60+ countries. Your future self will thank you for having these.

Recommended use

Take 1 single-serving pack at the end of your night, before bed.

Get free shipping

UK: Free next day delivery w/ 10+ packs (worth £6.50).

Worldwide: Free economy delivery w/ 10+ packs (worth £7.95).

EU: Free priority delivery w/ 20+ packs (worth £24.95).

CH, US, AU: Free express delivery w/ 30+ packs (worth £34.95).

5 feel-good caps in every pack.

Rebalance: Boosts your serotonin levels, which supports quality sleep and good mood.

Reboot: Helps your neurons work optimally and supports mental sharpness

Release: Minerals and adaptogens that promote calm and relax tight muscles

Restore (x2): Gives your liver's processes a leg up and fights free-radicals.

- Formulated by nutritionists in handy single-serve packs
- Easy to swallow capsules that go easy on your stomach
- Vegan. Pure, all natural ingredients. No fillers or toxins
- Manufactured in the UK in a BRC and FDA approved facility
- 30 day money-back guarantee for extra peace of mind

Ingredients

High quality and in forms your body can actually use.

Vitamin B Complex

7 B Vitamins, the building blocks of a healthy body and mind, that have a direct impact on your energy levels, brain function, and cell metabolism.

Vitamin C

The enzymes involved in liver detox require Vitamin C to function properly. Vitamin C also helps the body increase the rate at which it produces glutathione.

N-Acetyl L-Cysteine

NAC helps replenish glutathione, arguably your body's most powerful antioxidant.

L-Tyrosine

Tyrosine is an amino acid - a basic protein building block. It's commonly used to improve learning, memory and alertness, especially during stressful situations.

Magnesium Glycinate

Magnesium is needed in the body for energy production and muscle relaxation. Magnesium in its glycinate form is more easily absorbed by the body and gentler on your stomach.

Griffonia Simplicifolia

Griffonia Simplicifolia is a natural source of 5-hydroxytryptophan (aka 5-HTP). 5-HTP works by increasing serotonin production.

Adaptogen Blend

Ashwaghandha, Rhodiola, Ginseng, Curcumin and Artichoke aid recovery from physical and mental stress. They can also help boost immunity and combat fatigue.