FISH OIL

High potency 1000mg

Ingredients: Fish oil concentrate (from sardine and anchovy), capsule shell (gelatin, humectant: glycerol) antioxidant: mixed tocopherols.

Recommended Intake: 1-2 capsules to be taken daily with food as a food supplement or as directed by a medical practitioner. Do not exceed the recommended daily intake. This product should not be used as a substitute for a varied, balanced diet and lifestyle.

Avoid if there is any deficiency of the liver. If you are on anti-thrombotic drugs (e.g. Warfarin or Heparin) consult your doctor before taking.

- · Keep out of sight & reach of children
- · Do not use if sealing strip is missing or broken
- · BEST BEFORE DATE: see base of container
- Store in a cool, dry place. Should be refrigerated in hot weather
- · For allergens, please see ingredients in bold.





1000mg

Omega 3 Fatty Acids | Cardiovascular**

60 CAPSULES Food Supplement

Product Information:

60 Capsules = 30-60 days supply

One capsule will provide on average:

Average Values:	%NRV	
Fish Oil	1000mg	*
which provides:	5000	
Eicosapentaenoic acid (EPA)	330 mg	*
Docosahexaenoic acid (DHA)	220 ma	*

NRV= Nutrient reference value *Indicates no NRV

The oil is cold water low pressure distilled to ensure it is clean, stable and free from pollutants.

**EPA and DHA contribute to the normal function of the heart. The beneficial effect is obtained with a daily intake of 250mg of EPA and DHA.



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