



### PLANT-BASED CHICK'N

# SHREDS LIKE YOU WOULDN'T BELIEVE

This fresh, tender and savoury chick'n can be seared, steamed or tossed cold with your favourite veggies. Invite the neighbours and pile this chick'n high on fusion recipes for a bold spin on traditional expectations.









## PLANT-BASED CHICK'N



#### LIGHTLY SEASONED

INGREDIENTS: Water, wheat gluten (33%), rapeseed oil, tofu (10%): water, soya beans, firming agents (magnesium chloride, calcium chloride); natural flavourings, oat fibre, cane sugar, cornstarch, potassium chloride, soya sauce (water, soya beans, wheat, salt), dried garlic, sea salt, firming agent (calcium lactate), spices, acid (citric acid), sunflower oil, sesame oil, smoke flavouring, celery seed oil, garlic puree, thickeners (gum arabic, xanthan gum), onion powder.

For allergens, including cereals containing gluten, see ingredients in bold.

Nutrition Facts Servings: 2.7, Serv. Size: about 52 g, Amounts per serving: **Energy** 554 kJ, 133 kcal (7% RI), **Fat** 6.8 g (10% RI), of which saturates 0.6 g (3% RI), Carbohydrate  $4.2 \, g \, (2\% \, RI)$ , of which sugars  $1.1 \, g \, (1\% \, RI)$ , Fibre  $1.3 \, g$ , Protein 13.0 g (26% RI), Salt 0.63 g (10% RI)





#### **BARBECUE**

INGREDIENTS: Water, wheat gluten (28 %), tofu (8%): water, soya beans, firming agents (magnesium chloride, calcium chloride); rapeseed oil, cane sugar, tomato paste, molasses, natural flavourings, white vinegar, oat fibre, cornstarch, sea salt, spices, potassium chloride, granulated garlic, onion powder, hickory smoke flavouring, firming agent (calcium lactate), acid (citric acid), sunflower oil, **sesame** oil, **celery** seed oil, thickeners (gum arabic, xanthan gum).

For allergens, including cereals containing gluten, see ingredients in bold.

Nutrition Facts Servings: 2.7, Serv. Size: about 52 g, Amounts per serving: **Energy** 492 kJ, 117 kcal (6% RI), **Fat** 4.5 g (6% RI), of which saturates 0.4 g (2% RI), Carbohydrate 7.6 g (3% RI), of which sugars 4.6 g (5% RI), Fibre 1.2 g, Protein 11.0 g (2% RI), Salt 0.59 g (10% RI)





#### TIKKA MASALA

INGREDIENTS: Water, wheat gluten (26 %), tofu (17 %): water, soya beans, firming agents (magnesium chloride, calcium lactate); rapeseed oil, tomato paste, natural flavours, cane sugar, oat fibre, cornstarch, spices, sea salt, potassium chloride, garlic puree, ginger puree, **soya** sauce (water, **soya** beans, **wheat**, salt), acid (calcium lactate, citric acid) lemon juice concentrate, onion powder, garlic powder, colour (lycopene), sunflower seed oil, **sesame** oil, thickeners (gum arabic, xanthan gum), smoke flavouring, celery seed oil, maltodextrin, rice starch, dextrose.

For allergens, including cereals containing gluten, see ingredients in bold.

Nutrition Facts Servings: 3, Serv. Size: about 52 g, Amounts per serving: Energy 438 kJ, 105 kcal (5% RI), Fat 4.5 g (6% RI), of which saturates 0.4 g (2% RI), Carbohydrate 4.3 g (2% RI), of which sugars 1.5 g (2% RI), Fibre 1.4 g, **Protein** 11.0 g (22% RI), **Salt** 0.59 g (10% RI)



#### MADE WITH 💖 IN OREGON, USA

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