

# **Organic Spirulina** Powder

Spirulina is a natural, spiral shaped, blue-green algae that harnesses energy from sunlight to fuel its growth. It is surprisingly high in protein and a rich source of micronutrients, making it a great natural boost for your body.

Our spirulina grows and multiplies naturally in pools of freshwater, before being dried into a pure, naturally nutritious powder. We rigorously test for heavy metals and ensure each batch is of the highest quality.









Add to homemade snack bars

**Boost vour** favourite recipes

## **HELP US SAVE THE RAINFOREST**

Rainforest Foods works with Rainforest Concern (charity no.1028947) to conserve threatened forests; protecting endangered habitats, the wildlife and indigenous peoples.

For every pack sold, Rainforest Foods will fund the protection of one square metre of rainforest. For further information visit: www.rainforestconcern.org

### **OUR SHARED EARTH INITIATIVE:**

We search the world for the most nutritious foods, source from producers who farm responsibly and donate at least 10% of our profits to support social and environmental projects around the world.

# **NUTRITIONAL INFORMATION**

TYPICAL VALUES (As Sold)	Per 100g	(%RI*)
Energy	1436kJ 339kcal	
Fat	0.7g	
of which saturates	0.5g	
Carbohydrate	13g	
of which sugars	0g	
Fibre	5.8g	
Protein	67g	
Salt	2.2g	
Vitamin A	1204µg	151%
Vitamin B6	0.7mg	51%
Magnesium	259mg	69%
Iron	53mg	380%

\*Reference Intake of an average adult (8,400kJ/2,000kcal).

INGREDIENTS: Organic Spirulina Powder.
May contain naturally occurring sulphites.

SUGGESTED USE: Take 3-6a (1-2 teaspoons) per day.

STORAGE: Store in a cool, dark and dry place. This pack contains approximately 33 servings.

Spirulina Powder (*Spirulina Platensis*) produced in Asia, packed in the UK for Green Origins, Sheffield, S25 3SF.

#### HIGH IN IRON

Iron contributes to the normal function of the immune system.

### HIGH IN PROTEIN

Protein contributes to the maintenance of normal bones and the maintenance of muscle mass.

Best Before End: See below





200ge

TO LEARN MORE ABOUT OUR PRODUCTS VISIT WWW.RAINFORESTFOODS.COM