





Mixed Olives al Naturale Pitted

Description: Mix of mild Kalamata and spicy Konservoeliá table olives marinated in extra virgin olive oil with oregano and vacuum packed. Suitable for raw food diet.

Article no.: 13306

Label description N	MANI organic Gre	ek Olives green & Kalamon	al naturale, pitted
Net weight	175g	Drained weight	
CU packaging mater	ial(s) glass + n	netal lid	
TU packaging mater	ial(s)	cardboard	
EAN code CU 520	02423330060	EAN code TU_	5202423
Units per carton	6	Cartons per layer	25
Layers per pallet	8		
Shelf life	14 months	Origin:	GR

Ingredients: Kalamata olives*º (50%), green Konservoeliá olives*º (49%), extra virgin olive oil*, oregano*, sea salt, lactic acid.

^{*}Product of certified organic farming.

^⁰ Naturland Fair certified (99%)

Average nutritional values per 100g:

Energy 834 kJ / 200 kcal
Total Fat 19,9 g
of which
saturated fat 2,8 g
monounsaturated fat 14,5 g
polyunsaturated fat 2,6 g
Carbohydrate 1,5 g
of which sugars 0 g
Fibre 4 g
Protein 2 g

Salt 3,4 g

Organic	V
Naturland FAIR	٧
Soil Association	V

Vegetarian	V
Vegan	V
Raw food	V

Glutenfree	V
Eggfree	V
Yeastfree	
Dairyfree	V

Raw material specifications: Kalamata olives, naturally debittered, selected medium sizes, with a compact structure, mild flavour, black up to dark purple in colour. In accordance with regulation 834/07 on organic produce.

Pasteurisation conditions: no heat treatment

Storage: at room temperature. Refrigerate after opening and consume within 3 weeks.

Further information for consumers: naturally fermented, raw product.

Finished product specifications:

- Organoleptic characteristics: Compact, characteristically fruity tasted, ripe olives, slightly or not at all bitter, with a flavor of oil and oregano and slightly salted.
 - Physical-chemical requirements:
- Microbiological specifications:

Total coliforms in 1 g (<10) Enterobacteria in 1 g (<10)

Escherichia coli in 1 g (<10) Clostridium perfringens in 1 g (<10)

Staphylococcus aureus in 1 g (<10) Listeria monochitogenes in 25 g (absent)

Salmonella spp. in 25 g (absent)

Nutrition claims/Health claims:

- HIGH UNSATURATED FAT Replacing saturated fats with unsaturated fats in the diet contributes to the maintenance of normal blood cholesterol levels.
- SOURCE OF FIBRE
- HIGH VITAMIN E Vitamin E contributes to the protection of cells from oxidative stress.
- SOURCE OF IRON
- HIGH PHOSPHORUS