




PLASTIC
FREE

ORGANIC
HIMALAYAN
BASMATI
BROWN RICE



*grown in **spring water** from
mountain streams in the foothills
of the **Himalayas***

1kg €



Allergy
Update
please see
ingredient list

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Average Nutritional Values per 100g	
Energy	1508kJ/355kcal
Fat	3.1g
of which saturates	0.6g
Carbohydrate	78g
of which sugars	0.6g
Fibre	3.3g
Protein	8.9g
Salt	0g

ORGANIC BASMATI BROWN RICE
Ingredients: Wholegrain Basmati Rice*.
* = Certified Organic Ingredients.

Allergy advice: Not suitable for **egg, milk, soya or mustard** allergy sufferers due to manufacturing methods.

Storage: Store cool and dry.

Best before: See top of pack.

Cooking instructions (2 portions):

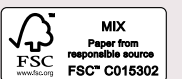
Place 125g of Basmati Rice and 250ml of water in a saucepan. Bring to the boil, cover with lid and reduce heat. Simmer for approx 20-25 mins.



GB-ORG-04
Non-EU Agriculture
Non-UK Agriculture



1kg €



SAY HELLO!

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