

Sparkling soft drink with prickly pear fruit and peach with added vitamin C

Typical Values	Per 100ml	Per can (330ml)
Energy	69kJ/16kcal	228kJ/54kcal
Fat	<0.5g	0.6g
<i>of which saturates</i>	<0.1g	<0.1g
Carbohydrate	2.9g	9.6g
<i>of which sugars</i>	0.9g	3.1g
Fibre	0.5g	1.7g
Protein	0.5g	1.0g
Salt	<0.01g	0.03g
Vitamin C	40mg (50%)*	132mg (164%) *

*NRV = Nutrient Reference Intake

Ingredients: Sparkling Water, Prickly Pear (15%) [Purée, Concentrate], Peach Concentrate (1.2%), Cloudy Lemon Concentrate, Natural Flavouring, Vitamin C (Ascorbic Acid).

Claims:

- Low Calories
- Low Sugars
- Fat Free
- No Saturated Fat
- High in Fibre
- High in Vitamin C

Health claims associated with Vitamin C

- ✓ Vitc contributes to **normal collagen formation for the normal function of blood vessels**
- ✓ Vitc contributes to **normal collagen formation for the normal function of bones**
- ✓ Vitc contributes to **normal collagen formation for the normal function of cartilage**
- ✓ Vitc contributes to **normal collagen formation for the normal function of gums**
- ✓ Vitc contributes to **normal collagen formation for the normal function of skin**
- ✓ Vitc contributes to **normal collagen formation for the normal function of teeth**
- ✓ Vitc contributes to **normal energy-yielding metabolism**
- ✓ Vitc contributes to **normal functioning of the nervous system**
- ✓ Vitc contributes to **normal psychological function**
- ✓ Vitc contributes to **the normal function of the immune system**
- ✓ Vitc contributes to **the protection of cells from oxidative stress**
- ✓ Vitc contributes to **the reduction of tiredness and fatigue**
- ✓ Vitc contributes to **the regeneration of the reduced form of vitamin E**
- ✓ Vitc increases **iron absorption**

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Signed: - Georgina Stewart – Director of Regulatory Compliance & Nutrition

