

NOW WITH ADDED FLAXSEED



KETO HANA

KETO GRANOLA

WILD BLUEBERRY

COCONUT OIL, NUTS, SEEDS, VANILLA, COCONUT
PLANT BASED NATURAL SWEETENER
BLUEBERRIES ...AND NOTHING ELSE



KETO

PLANT
BASED

NO
REFINED
SUGAR

3.2g
net carbs

300g

We believe in long term food choices.

That means we're selective about what we put into our bodies. Our emphasis is on choosing the best natural ingredients. Never, ever, using refined sugar or preservatives. And making sure whatever we eat tastes incredible.

Wild Blueberry

ingredients: coconut (25%), sunflower seeds (22%), **almonds** (13%), pumpkin seeds (9%), sweetener: erythritol* & steviol glycosides**, flaxseed (7%), **hazelnuts** (6%), coconut oil, wild blueberries, vanilla extract

for allergens, see ingredients in **bold**

* naturally found in fruit

** only the most delicious part of the stevia plant

made in a facility that handles **nuts, peanuts, sesame, sulphites, soya** and **milk**

	per 100g	per 30g serving
Energy (kJ)	2429	729
Energy (kcal)	587	176
Fat (g)	54	16
<i>of which saturates (g)</i>	24	7.1
Carbohydrate (g)	18	5.4
<i>of which sugars (g)</i>	3.9	1.2
<i>of which polyols (g)</i>	7.3	2.2
Fibre (g)	9.6	2.9
Protein (g)	14	4.2
Salt (g)	0.04	0.01

once opened, store in a cool dry place
best before see base of pack

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@ketohana

300g e



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