



Bio-Kult®

Advanced multi-strain formula

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30
capsules
food supplement

What are live bacteria?

Bio-Kult contains live bacteria to complement the existing gut flora naturally present in a healthy person's digestive system.

Bio-Kult

Bio-Kult is a scientifically developed, advanced multi-strain formula containing 14 live bacterial cultures.

Bio-Kult does not need to be refrigerated and is suitable to be taken:

- Alongside antibiotics
- By babies, toddlers and children
- When travelling
- By Vegetarians
- As part of a healthy diet
- When pregnant

Protexin®
health care
Science and nature in balance



Manufactured by:
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Any questions? We are here to help. Call +44 (0) 1460 243 230



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Bio-Kult®

Advanced multi-strain formula

14 strains



30
capsules



14 protected live bacterial strains – proven to survive the high acidity of stomach acid.
No artificial colours, flavours or preservatives.
No need to refrigerate.
Can be stored at room temperature.



Actual size of capsule



Bio-Kult 30 capsules food supplement

Bio-Kult capsules can be pulled apart and the contents sprinkled onto food, mixed with a drink or swallowed whole. Food supplements should not be used as a substitute for a varied diet and a healthy lifestyle.

Keep out of reach of children.
Store in a cool dry place – out of direct sunlight.

For Best Before End see base.

Directions for use: 1-2 capsules once or twice daily with food.
If you are taking antibiotics: Take 4 capsules daily, ideally at a different time of day from the antibiotics. Continue taking for at least 2 weeks after completion of the antibiotic course.

For travellers: 1 week before travel follow guidelines for generic use. During travel take 4 capsules daily. Continue to take for at least 1 week following the end of travel.
Children under 12: half adult dose.

Pregnancy: Bio-Kult is suitable for use during pregnancy, but we would always suggest consulting your doctor or healthcare practitioner before taking any food supplement.

*Or as recommended by your doctor or healthcare practitioner.

Do not exceed recommended daily intake.

Live bacterial cultures:

Bacillus subtilis PAX 21
Bifidobacterium bifidum PAX 23
Bifidobacterium breve PAX 25
Bifidobacterium infantis PAX 27
Bifidobacterium longum PAX 30
Lactobacillus acidophilus PAX 35
Lactobacillus delbrueckii sp. bulgaricus PAX 39
Lactobacillus casei PAX 37
Lactobacillus plantarum PAX 47
Lactobacillus rhamnosus PAX 54
Lactobacillus helveticus PAX 45
Lactobacillus salivarius PAX 57
Lactococcus lactis sp. *lactis* PAX 63
Streptococcus thermophilus PAX 66

Ingredients: Cellulose (bulking agent), Live Bacteria (see above), Vegetable Capsule (Hydroxypropylmethyl Cellulose).

Allergen advice: May contain soya and milk as these are used in the growth media of the strains. Traces of milk are at a level that would not affect lactose intolerance sufferers.

Each capsule contains: Minimum 2 billion microorganisms per capsule (2×10^9 CFU/capsule), equivalent to 10 billion microorganisms per gram ($> 1 \times 10^{10}$ CFU/gram).

Concentration of 2 billion microorganisms per capsule is guaranteed throughout the shelf life.