

FOOD SUPPLEMENT
PRODUCT INFORMATION:

Three tablets typically provide:		%NRV [†]
Vitamin D3 (400iu)	10µg	200
Vitamin C	120mg	150
Vitamin B6	10mg	714
Calcium	414mg	52
Magnesium	210mg	56
Zinc	5mg	50
Copper	2mg	200
Manganese	4mg	200
Boron	3mg	
Silicon	13mg	
Red clover extract 10:1	150mg	
- providing isoflavones	12mg	

[†]NRV = Nutrient Reference Value

INGREDIENTS: Icelandic seaweed (*Lithothamnion sp.*), bulking agent (microcrystalline cellulose), magnesium oxide, magnesium citrate, red clover (*trifolium pratense*) extract, calcium ascorbate (vitamin C), anti-caking agents (magnesium stearate, silicon dioxide), sodium borate, manganese citrate, zinc citrate, zein protein coating, pyridoxine HCl (vitamin B6), copper citrate, cholecalciferol (vitamin D3).

HIGHER NATURE®

Super Osteofood

Comprehensive bone support



BONES**



MUSCLE**

90 VEGAN TABLETS

- ✓ Calcium, vitamin D, magnesium, manganese and zinc contribute to the maintenance of normal bones*
- ✓ Magnesium supports normal muscle function**
- ✓ Vitamin C supports collagen formation for normal bones
- ✓ Naturally sourced isoflavones from red clover

DIRECTIONS: Adults take 3 tablets a day with meals. Do not exceed recommended daily intake. Food supplements should not be used as a substitute for a varied and balanced diet and healthy lifestyle.

WARNING: If you are pregnant, breastfeeding, taking any medication or have a medical condition, please consult your healthcare professional before using this product.

STORAGE: Store in a cool, dry place out of reach of children.

highernature.com



PRODUCT INFO



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Higher Nature Ltd, (UK) 10 Discovery Way, Horam, East Sussex TN21 0GE, UK
(EU) Office 7, Strand Campus, Sligo Airport Business Park, Strandhill, F91 W589, Ireland