



Product Specification Sheet

Product Name:	Purition Plain Proteins – Creatine Monohydrate
Specification Date/ Version:	14/10/2025 Version 1
Product Description:	Purition Plain Proteins – Creatine Monohydrate
Product SKU:	W500CM
Dimensions and Packaging:	NET WEIGHT: 500g GROSS WEIGHT: 526g PACK TYPE: DOY POUCH PACK DIMENSIONS (mm): 270 X 160 X 70 BARCODE: 5060334564536
Packaging Material:	Heat Resistant Matt OPP Reverse Printed and Laminated to Metallised PET Laminated to Natural LDPE Formed into a Pouch Thickness: 132um This material conforms with EU food contact legislation 10/2011 and Framework Regulation 1935/2004
Directions for use:	Supports energy, strength & muscle recovery
Ingredients:	Creatine Monohydrate (100%) Allergy Advice: For allergens, see ingredients in BOLD

ALLERGENS	Product contains YES/NO	Listed item on site at Manufacturer YES/NO	Where applicable, is there risk of Cross-contamination? YES/NO/NA
Peanuts and Peanut Derivatives	NO	NO	N/A
Nut and Nut Derivatives	NO	YES	N/A
Sesame Seeds and Sesame Seed Derivatives	NO	YES	N/A
Milk and Milk Derivatives	NO	YES	N/A
Egg and Egg Derivatives	NO	NO	N/A
Cereals and Derivatives containing OR POTENTIALLY CONTAMINATED WITH Gluten	NO	NO	N/A
Soya and Soya Derivatives	NO	NO	N/A
Lupin and Lupin Derivatives	NO	NO	N/A
Mustard and Mustard Derivatives	NO	NO	N/A
Celery or Celery Derivatives (including Celeriac)	NO	NO	N/A
Fish and Fish Derivatives	NO	NO	N/A
Molluscs and their Derivatives	NO	NO	N/A
Crustaceans and their Derivatives	NO	NO	N/A
Sulphur Dioxide and Sulphites (E220, E228) at levels > 10mg/kg or 10mg/litre	NO	NO	N/A

CHEMICAL ANALYSIS:

	Units	Typical	Range (Max)
Moisture	%	5	6 max
Protein as is (X6.38)	%	87	86 min 90 max
Fat	%	0.9	1.5 max
Ash	%	3.5	3.5 max

PHYSICAL ANALYSIS:

	Units	Typical	Range (Max)
Sediment	Disc	-	A max
pH	pH Scale	6.2	6 min 7 max
Bulk Density	g/ml	0.37	0.33 min 0.40 max

MICROBIOLOGICAL ANALYSIS:

	Units	Typical	Range (Max)
Aerobic Plate Count 30C	cfu/g	<1000	10,000
Enterobacteriaceae	cfu/g	<1	<10
Yeast & Mould	cfu/g	<10	100
Listeria	25g	Not Detected	Not Detected
Salmonella	375g	Not Detected	Not Detected

ADDITIONAL TECHNICAL INFORMATION:

SUITABLE FOR VEGETARIANS	YES
SUITABLE FOR VEGANS	NO
ORGANIC	NO
FAIRTRADE	NO
GMO FREE	YES
HALAL	NOT CERTIFIED
KOSHER	NOT CERTIFIED
MINIMUM SHELF LIFE: (format – DDMMYYYY)	365 days, Consume within 45 days of opening
STORAGE INSTRUCTIONS	Store in a cool, dry place.

Origin Declaration:

COUNTRY OF ORIGIN: United Kingdom

The exporter of the products (GB142796002000) covered by this document declares that, except where otherwise clearly indicated, these products are of UK origin. These products are manufactured and packed in the UK by Purition Limited.

Manufacturing Address: Purition LTD Unit 5 Vanguard way, Food enterprise centre, Shrewsbury, SY1 3TG, United Kingdom

Contact info: 01743 444397 | hello@purition.co.uk | www.purition.co.uk

Date: 14/10/2025

Signed: GNewman

HS Code: 21 06 90 92

HS Code Tariff Description:

Section IV: Prepared foodstuffs

- Miscellaneous edible preparations **(21)**
- Food preparations not elsewhere specified or included **(06)**
- Other **(90)**
- Containing no milk fats, sucrose, isoglucose, glucose or starch or containing, by weight, less than 1,5 % milkfat, 5 % sucrose or isoglucose, 5 % glucose or starch **(92)**

Prepared By:	Georgia Newman	Approved By:	Edward Taylor
Position:	Technical	Position:	Managing Director
Signed:	GNewman	Signed:	
Date:	14/10/2025	Date:	14/10/2025

