

abakus

SEAWEED CRISPS

sweet chili



High in fibre GF Gluten-free Vegan No nasties

1% FOR THE PLANET

It is important to follow a varied and balanced diet, and a healthy lifestyle

100 kcal
419 kJ
per bag

2325 kJ
555 kcal
per 100g

abakus SEAWEED CRISPS

Seaweed with a real crunch!
Scrumptious seaweed coated with crispy tapioca to make an irresistible snack. No nasties, just goodness from the sea.
1% of our sales are donated to charities in support of environmental causes.

1% FOR THE PLANET



ENJOY AS A SNACK



PACK IN LUNCH BOX



SPRINKLE ON RICE SALAD, SOUPS



TAKE ON TRAVELS



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Nutrition Information Typical Values/ Durchschnittliche Nährwerte/ Informazioni Nutrizionali/ Information Nutritionnelle	Per/Pro/Pour 100 g	Per/Pro/Pour 18 g
Energy/Energie/Energie/Energie	2325 kJ	419 kJ
Energy/Energie/Energie/Energie	555 kcal	100 kcal
Fat/Fett/Grassi/Graisse	34.5 g	6.2 g
of which saturates/davon gesättigte Fettsäuren/di cui saturi/Saturés	5.4 g	1.0 g
Carbohydrate/Kohlenhydrate/ Carboidrati/Glucides	54.3 g	9.8 g
of which sugars/davon Zucker/ di cui zuccheri/Sucres	9.0 g	1.6 g
Fibre/Ballaststoffe/Fibra/Fibre	13.0 g	2.3 g
Protein/Eiweiß/Proteine/Protéine	6.7 g	1.2 g
Salt/Salz/Sale/Sel	2.3 g	0.4 g

Contains 1 serving/Enthält eine Portion/
Contiene 1 porzione/Contient 1 portion

18 G e

Sweet chili tapioca coated seaweed crisps.

INGREDIENTS: Tapioca (39%), seaweed (non) (26%), non-GMO corn oil, rice, coconut powder, paprika, sea salt, chili. ALLERGENS: Packed in a plant which handles nuts and sesame seeds. Seaweed is a natural product that may contain traces of crustaceans or molluscs. STORAGE: Please store cool and away from direct sunlight. Made in the UK. Best before: See pack.

DE: Algen Chips - süßer Chili. ZUTATEN: Tapioka (39%), Algen (non) (26%), Maisöl, Reis, Kokosmehl, Paprika, Meersalz, Chili. KEIN OVO. ALLERGENE: Kann Spuren von SCHALENFRÜCHTLINGEN und SESAMSAAMEN enthalten. Algen sind ein natürliches Produkt, welche Spuren von KREBSTIEREN und WEICHTIEREN enthalten können. LAGERUNG: Kühl lagern. Hergestellt in Großbritannien. Mindestens haltbar bis: Siehe Verpackung.

IT: Chips di alghe - peperoncino dolce. INGREDIENTI: Tapioca (39%), alghe (non) (26%), olio di mais (non OGM), riso, zucchero di cocco, paprika, sale marino, peperoncino. ALLERGENI: Confezionato in una stabilimento che tratta NOCI e SESAMO. Può contenere tracce di CRUSTACEI e MOLLUSCHI. CONSERVAZIONE: Conservare in luogo fresco. Prodotto nel Regno Unito. Da consumarsi preferibilmente entro: Vedi confezione.

FR: Chips d'algues - piment doux. INGRÉDIENTS: Tapioca (39%), algues (non) (26%), huile de maïs (non OGM), riz, sucre de coco, paprika, sel de mer, chili. ALLERGÈNES: Emballés dans une usine qui traite les NOIX et le SESAME. Peut contenir des traces de CRUSTACÉES ou de MOLLUSQUES. STOCKAGE: Conserver au frais. Fabriqué au Royaume-Uni. À consommer de préférence avant: Voir emballage.

DK: Tang chips - sød chili. INGREDIENSER: Tapioca (39%), tang (non) (26%), majsolie (ikke GMO), ris, kokos sukker, paprika, havsalt, chili. ALLERGENER: Pakket på en fabrik, der håndterer NODDER og SESAMFRØ. Kan indeholde spor af KREBSDYR eller BLØDDYR. OPBEVARING: Opbevares køligt. Lavet i Storbritannien. Bedste før: Se emballage.



SEAWEED WITH A REAL CRUNCH



High in fibre



Vegan



Gluten
free



Source
of iodine



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