



## QUIRKYMONKEY

QuirkyMonkey Mushroom Orange Hot Chocolate 150g (Simply The Zest)

**Ingredients:**

Raw Cacao Powder, Reishi Mushroom Extract, Cordyceps Mushroom Extract, Lions Mane Mushroom Extract, Natural Orange Flavouring, Ashwagandha Root Powder, Medium Chain Triglycerides Oil (from coconut), Maca Root Powder, Cinnamon Powder, Rose-Hip Powder.

1542kj/368kcal

Fat 8.9g

of which saturates 5.6g

Carbohydrate 42.5g

of which sugars 9.8g

Fibre 17.4g

Protein 20.7g

Salt 0.08g

**QuirkyMonkey Brew Guide**

1.Mix a paste with 5g (tablespoon) of Simply The Zest and a small amount of hot milk of choice.

2.Add remaining hot milk and stir well.

3.Enjoy!

30 servings per pack.

Each serving provides approx. 500mg of Lion's Mane, Reishi and Cordyceps mushroom fruiting body extract.

Made with natural ingredients and suitable for vegan / gluten free.

Made in the UK

[www.quirkymonkey.com](http://www.quirkymonkey.com)

