

Organic Kitchen c/o CLF Distribution Ltd, 210 Mauretania Road, Southampton, SO16 0YS

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## **Product**

Name	Organic Haricot Beans
Description	These medium white beans provide an abundance of protein, fibre and iron and taste great in stews, casseroles, and chilli dishes.
Code	ORK22
Barcode	5055177536352
Country of Origin*	Italy
*Country of origin may vary from time to time and the origin stated in this document is not guaranteed.	

## **Packaging**

Net Content	400g (240g drained weight)
Packaging Type*	Aluminium tin with paper label, Cardboard tray outer with plastic wrap (contains 12 units)
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## **Shelf Life**

Maximum Shelf Life	36 months
Storage Conditions	Ambient (15°C - 20°C)

Ingredients	Haricot Beans*, Water. *Organic
Allergens	For allergens, see ingredients in <b>BOLD</b> .

## **Nutritional Values per 100g**

Energy	468KJ (110kcal)
Fat	0.5g
Of Which Saturates	0.1g
Carbohydrates	15.7g
Of Which Sugars	0.8g
Fibre	6.1g
Protein	6.6g
Salt	0.03g

Certifications	Organic, Vegan Society
Serving Requirements	Ready to eat in salads or add to casseroles and stews.