



Nutritional info per 100g:  
Kj/Kcal 29  
Fat 0.1g  
Of which saturates 0g  
Carbohydrates 4.6g  
Of which sugars 4.5g  
Fibre 2.8g  
Protein 1.1g  
Salt 2.25g

Ingredients:  
Red Cabbage, 70%  
Beetroot, Red chili, Salt,  
Naturally-Occurring  
Lactic Acid Bacteria.

classic beet  
**KRAUT**  
raw • fermented • live

Made in the UK by FERMARY  
Arch 2, New Covent Garden Market,  
London, SW8 5PP. [fermary.com](http://fermary.com)  
100% plant-based, full of life.



**300g** e KEEP REFRIGERATED.  
Once open use within 3 weeks. Country of  
ingredient origin: Various. **Made in a facility**  
that handles Mustard, Soy, Sesame & Celery.

