

Happy Tuesdays Rave Hydration Pack - Product Information

Rehydration reinvented for ravers. Our electrolyte, antioxidant and neuroprotective powder drink will help keep you sprightly before and during the sesh. At the end of the night, combine with our Post-Rave Wellness Packs to complement and enhance the benefits for the ultimate recovery power couple.

Lemon-ish flavour.

Recommended use

Mix 1 sachet with 200ml of water. Best drunk before, during and after raving

4-in-1 hydration for party people.

- **Hydrate:** Restores electrolytes and helps maintain fluid balance.
- **Protect:** Neuroprotective formula supports your brain's health.
- **Energise:** Fights fatigue and dreaded muscle cramps.
- **Enhance:** Complements and enhances our Post-Rave Wellness Packs.

Dissolve in water for easy on-the-go hydration

Free from artificial colours, preservatives and sweeteners

Suitable for vegans and vegetarians. Gluten-free

Made in the UK to the highest quality standards

30 day money-back guarantee for extra peace of mind

Key ingredients

Optimal standalone hydration.

Complement and enhance Post-Rave Wellness Packs.

Acetyl-L-Carnitine

Helps protect the brain by giving it energy, fighting harmful molecules and supporting brain cell communication and growth. Synergises with Vitamin C and Alpha-Lipoic Acid in our Post-Rave Wellness packs to support optimal energy production and reduce oxidative stress.

Bioflavonoids

Supports the immune system as well as offering further antioxidants and neuroprotection. Enhances absorption of Vitamin C in our Post-Rave Wellness Packs.

Ginger

Another source of antioxidants and protection from neurotoxicity. Reduces muscular discomfort and calms nausea.

Potassium

Another essential electrolyte for rehydration and neural signalling, potassium also helps with improving muscle function and preventing cramps. Absorption is enhanced by the Magnesium in our Post-rave wellness packs.