

blueberry & spirulina ooji

ingredients:

Apple Puree 17%, Banana Puree 16,1%, Oat Drink (Water and Gluten-Free Oat Flakes) 14%, Blueberry 14%, Gluten-Free Oat Flakes 9%, Coconut milk (Coconut Extract and Water) 9%, Cooked Quinoa 8%, Raspberry 5%, Agave Syrup 3%, Chicory Root Inulin 2,4%, Lemon Juice 1%, Chia Seeds (Salvia hispanica) 1%, Spirulina extract (phycocyanin) 0,4%, Salt 0,1% and antioxidant: ascorbic acid.

Nutritional values (100 ml)	<u>Theoretical</u>	kJ/kcal
Energetic value	429 / 102	g
Lipids	2,8	g
of which saturates	1,6	g
Carbohydrate	15	g
of which sugars	7,4	g
Fibre	4,5	g
Protein	2,4	g
Salt	0,11	g