

FOOD SUPPLEMENT

Product information:

One capsule typically provides:		%NRV [†]
Vitamin C	50mg	63
from rosehip extract 10:1	110mg	
equivalent to whole rosehip powder	1100mg	
Iron	14mg	100
from curry leaf extract 5:1	467mg	
equivalent to curry leaf powder	2335mg	

[†]NRV = Nutrient Reference Value

Ingredients: Curry leaf extract, capsule shell (hydroxypropyl methylcellulose), rosehip fruit extract.

Directions: Adults and children 11 years and over, take 1 capsule daily. Alternatively, take every other day for more gentle support, or as your healthcare professional advises. Recommend testing via blood work after 2-4 months. Do not exceed recommended daily intake. Food supplements should not be used as a substitute for a varied and balanced diet and healthy lifestyle.

Storage: Store in a cool, dry place out of reach of children.

HIGHER NATURE®



Botanical Iron With vitamin C For vibrant energy



Natural source, no synthetics
30 vegan capsules

- ✓ Plant-powered nutrients for highly absorbed, full spectrum benefits
- ✓ Iron contributes to normal energy-yielding metabolism, immune system & cognitive functions*
- ✓ Vitamin C increases iron absorption
- ✓ Third party tested for quality assurance

Warning: If you are pregnant, breastfeeding, taking any medication or have a medical condition, please consult your healthcare professional before using this product. This product contains iron, which, if taken in excess, may be harmful to very young children. Keep out of sight and reach.

highernature.com



PRODUCT INFO



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