

HUMMUS & BREADSTICKS SNACK POT

INGREDIENTS HUMMUS (50g): Cooked Chickpeas* (61%), Water, **Sesame** Seed Paste*, Rapeseed Oil*, Garlic Granules, Salt, Citric Acid, vinegar*. BREADSTICK (20g): Wheat Flour, Water, Hydrogenated Vegetable Oil (palm), yeast, salt. For allergens, see ingredients in **bold**.

NUTRITIONAL VALUES (PER 100g)	HUMMUS, 50g	BREADSTICKS, 20g
Energy	354 kcal (1465 kJ)	179 kcal (746 kJ)
Fat	28g	6.7g
(of which saturates)	3.1g	0.56g
Carbohydrates	14g	18.5g
(of which sugars)	0.1g	4g
Fibre	8.8g	11.1g
Protein	7.8g	5.6g
Salt	1.1g	1.3g



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Not suitable for freezing. Once opened, keep refrigerated and consume within 2 days. Do not exceed use by date.

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