

Product

Name	Organic Black Mustard Seeds
Description	Sourced from only the best organic producers from around the world, Just Natural Organic Black Mustard Seeds are hot and punchy. Add them to pickles and ferments whole, or use cracks, crushed or ground to add heat to your favourite dishes. And they're packed in our 100% plastic free home compostable packaging.
Code	JNLH-1032
Barcode	5060338030334
Country of Origin*	India
*Country of origin may vary from time to time and the origin stated in this document is not guaranteed.	

Packaging

Net Content	50g
Packaging Type*	Home Compostable (certified) sachet inside a printed card box.
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Shelf Life

Maximum Shelf Life	24 Months
Storage Conditions	Ambient (15°C - 20°C)

Ingredients	Organic Black MUSTARD Seeds
Allergens	For allergens, see ingredients in BOLD .

Nutritional Values per 100g

Energy	508kcal (2126KJ)
Fat	36.2g
Of Which Saturates	1.9g
Carbohydrates	28.1g
Of Which Sugars	6.8g
Fibre	12.2g
Protein	26.1g
Salt	0.03g

Certifications	Vegan (Vegan Society), Organic (Soil Association), Home Compostable
Serving Requirements	Ground down to a powder, or use whole in sauces, salad dressings and more.