This is
Naturally Nutritious and Vegan
Ingredients
Cooked Chickpeas (54%), Filtered Water*, Kalamata Olives (10%), Extra Virgin Olive Oil, Lemon Juice, Tahini (sesame), Salt*, Garlic Puree.
*Non-organic. Allergens in bold. Suitable for vegans.
May contain olive stones or parts of olive stones.
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Nutritional Information
Typical values per 100g
Energy 187 kcal/775 kJ
Fat 13.3g
of which Saturates 5.1g
Carbohydrate 7.6g
of which Sugars 0.1g
Protein 5.9g
Salt 1.48g