



1 serving = 4 large teaspoons



**Mix
into**



Any hot or
cold drink



Shakes or
smoothies



Hot
food

Directions

Mix 4 large teaspoons per day into any hot or cold drink, soups, smoothies or cereal.

Ingredients

1 serving contains

Bovine collagen
peptides (100%)

10,000mg

Confident. Beautiful. Empowered.

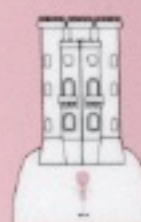
Hydrolysed collagen peptides offer exceptional digestibility and efficient absorption. Over 90% of collagen peptides are broken down and become accessible as small molecules in the bloodstream within an hour. These peptides are then transported to specific tissues, such as skin, bones, and cartilage, where they serve as essential building blocks, supporting local cell growth and enhancing the production of new collagen fibres.

Warnings

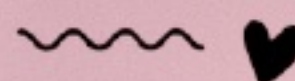
Food supplements should not be used as a substitute for a varied diet. Do not exceed the recommended daily dose. Keep out of reach of children. If you are on any medication, are pregnant or breastfeeding check with your doctor before use. Made in a facility that also handles allergens.

Storage

Once opened, use within 3 months. Store in a cool, dry place away from direct sunlight. Keep out of reach of children.



**With love from
the Cotswolds**



Nutritionist approved



Non GMO



Kasher



Recyclable

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