## SPARKLING WATER KEFIR WITH GRAPEFRUIT + CARDAMOM

INGREDIENTS: Kefir water (filtered water, organic cane sugar for fermentation, organic fig, water kefir culture), organic grapefruit, organic grapefruit juice, organic cardamom.

Nutritional Info	Typical values per 100ml
Energy	57kj/13Kcal
Fat	<0.1g
of which saturates	<0.1g
Carbohydrates	3.2g
of which sugars	2.9g
Protein	<0.1g
Salt	<0.1g
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**WARNING:** Always keep refrigerated to prevent further fermentation and build up of CO<sub>2</sub>

BATCH:

**BEST BEFORE:** 

## DO NOT SHAKE ME OPEN VERY CAREFULLY

Contains alcohol from natural fermentation 0.5% ABV Natural colour variation and separation may occur



## A REFRESHING fizz, naturally containing gut-friendly cultures.

PiQi is a traditionally fermented drink that contains billions of live cultures and uplifting botanicals to help you feel peachy from the inside out.

**CULTURED BEVERAGE** 

**RAW & UNPASTEURISED** 

PACKED WITH NUTRIENTS

## HANG OUT piqilife.com @piqilife

**PLANET** 

**PEOPLE** 



Plantae Group Itd (PiQi) Unit 5, Venn Valley Winery, Landkey, EX32 ONN





**RAW** 

**FERMENTED** 

LIVE