

HIGHER NATURE®

MIND HEALTH

ENERGY & FOCUS

Vitamin B complex
with 100mg Taurine

13 effervescent
tablets

ENERGY & FOCUS FOOD SUPPLEMENT 13 EFFERVESCENT TABLETS

Natural flavouring (lemon & lime)
with sweetener.

PRODUCT INFORMATION

One tablet typically provides:

		%NRV*
Niacin (vitamin B3)	20mg NE	125
Vitamin B6	10mg	714
Folic Acid	50µg	25
Vitamin B12	10µg	400
Pantothenic Acid (vitamin B5)	25mg	417
Choline	200mg	
Taurine	100mg	
L-arginine L-pyrroglutamate	100mg	
Acetyl L-carnitine	50mg	

*NRV = Nutrient Reference Value

INGREDIENTS: Citric acid, acidity regulator: sodium bicarbonate, humectant: sorbitol, choline bitartrate, acidity regulator: sodium carbonate, inulin, L-arginine L-pyrroglutamate, L-tyrosine, anti-caking agent: tricalcium phosphate, natural flavourings (lemon and lime), potato starch, n-acetyl L-carnitine hydrochloride, sweetener: steviol glycosides from stevia, calcium-D-pantothenate (vitamin B5), nicotinamide (vitamin B3), pyridoxine hydrochloride (vitamin B6), pteroylmonoglutamic acid (folic acid), cyanocobalamin (vitamin B12).

Suitable for vegetarians and vegans.

No artificial colours, flavours or preservatives, acesulfame K, aspartame, saccharine or sucralose. No yeast, added sugar or salt.

WARNING: If you are pregnant, breastfeeding, taking any medication or have a medical condition, please consult your healthcare professional before using this product.

DIRECTIONS: Adults and children over 13 years, take one tablet a day or as your health professional advises. Add to water; dissolves gently. Do not exceed recommended daily intake. Food supplements should not be used as a substitute for a varied and balanced diet and healthy lifestyle.

Store in a cool, dry place out of the reach of children.

This product has not been tested on animals.

Best before end: see base

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