

## Ingredients

Organic Wheatgrass Juice Powder. Capsule Shell: Hydroxypropyl methyl cellulose

## Usage

### **Serving size & Suggested Use**

Powder – Take 1 teaspoon (5g) daily. Mix with water, juice or a protein shake, or add it into your porridge or a yoghurt.

Tablets - 2-6 tablets daily with water.

Do not exceed recommended daily intake

### **Servings per container:**

Powder – 20 (x5g) servings

Tablets – Dependent on use

**Storage:** Store in a cool, dry place