Just Natural Health & Beauty Ltd, 210 Mauretania Road, Southampton, SO16 0YS

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Product

Name	Organic Chia Seeds 250g	
Description	Just Natural Organic Chia Seeds are selected from only the best organic producers from around the world. Chia is a well-known superfood providing an abundance of vitamins and minerals, as well as a gut friendly outer shell. And they're packed in our 100% plastic free compostable packaging.	
Code	JN66	
Barcode	5060338036336	
Country of Origin*	Paraguay	
*Country of origin may vary from time to time and the origin stated in this document is not guaranteed.		

Packaging

Net Content	250g
Packaging Type*	Home Compostable Packaging (Certified)
*Packaging type may vary from time to time and the type stated in this document is not guaranteed.	

Shelf Life

Maximum Shelf Life	18 Months
Storage Conditions	Ambient (15°C - 20°C)

Ingredients	Organic Chia Seeds	
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Nutritional Values per 100g

Energy	1,825KJ (436kcal)
Fat	31.0g
Of Which Saturates	3.0g
Carbohydrates	2.0g
Of Which Sugars	1.0g
Fibre	37.9g
Protein	20.0g
Salt	0.0g

Certifications	Organic (Soil Association), Vegan Society	
Serving Requirements	Mix into muesli, smoothies and your favourite bakes.	