SUGGESTED USE: Take 2 capsules per day with a full glass of water and preferably with food.

CAUTION: Do not exceed the recommended daily dose. If you are pregnant, breastfeeding, taking any medication or under medical supervision, please consult a doctor or healthcare professional before use. Discontinue use and consult a doctor if any adverse reactions occur.

Not suitable for persons under the age of 18. Keep out of reach of children at all times. Do not use if seal is broken or damaged.

STORAGE: Store in a cool, dry place. For best before end & batch number see side of label.

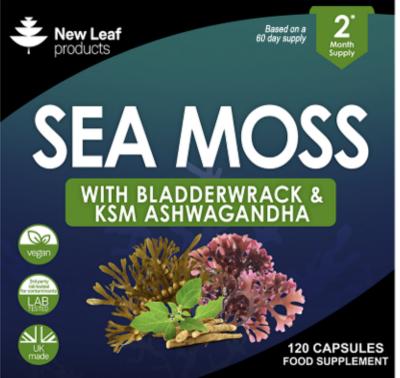
Food supplements are intended to supplement the diet and should not be regarded as a substitute for a varied diet and a healthy lifestyle.

Bottle made from at least 80% recycled plastic. Please recycle bottle with cap on.

All our products are subject to our stringent quality assurance. This product doesn't contain artificial flavours, colours or sweeteners.







Nutritional Information

Serving Size: 2 Capsules Servings per Container: 60

| Amount per Serving | %RI* |
|-----------------------|---------------------------------|
| 4,000mg | ** |
| | |
| 500mg | ** |
| | |
| 2mg | ** |
| 262.5mg | ** |
| | |
| 75µg | 50% |
| | 900mg 4,000mg 500mg 2mg 262.5mg |

^{*} Reference Intake

Ingredients: Brown Rice Flour, Sea Moss 15:1 Extract, Capsule Shell (Hydroxypropyl Methylcellulose), KSM-66® Ashwagandha Root 12:1 Extract (5% Withanolides). Bladderwrack 35:1 Extract (1% lodine)

Sea moss extract does not originate from the UK

Manufactured according to the GMP Code Of Practice for: New Leaf Products LTD - London - NW4 2ES - United Kingdom support@new-leaf-products.com

^{**} No RI established