



**BAY'S
KITCHEN**

Tomato & Roasted Pepper Soup

GLUTEN FREE, DAIRY FREE, VEGAN
& LOW FODMAP* CERTIFIED
FREE FROM ONION & GARLIC, FULL OF FLAVOUR





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Tomato & Roasted Pepper Soup

**Gluten Free, Dairy Free, Vegan, Free From Onion & Garlic.
Certified Low FODMAP* For Full Pouch (300g serve).**

Microwave: Empty contents into a microwave-safe jug or bowl and heat at maximum power, stirring occasionally until piping hot (approx. 2 minutes, microwaves vary).

Hob: Empty contents into a pan and simmer gently until hot.

Ingredients

Tomatoes (39%), Water,
Roasted Peppers (10%)
Carrots, Tomato Paste (3%),
Cornflour, Salt, Dextrose,
Acidity Regulator: Lactic
Acid, Paprika, Black Pepper.

For allergens, see ingredients
in **bold**.

Store in a cool dry place.

Refrigerate once opened &
consume within 2 days.

300g



MADE IN THE UK

Nutrition Per 100g

Energy	100kj/24kcal
Fat	0.1g
of which Saturates	0.0g
Carbohydrates	4.8g
of which Sugars	2.7g
Fibre	1.0g
Protein	0.8g
Salt	0.66g

Low FODMAP* Info Per 100g

Total Fructans**	0.1g
GOS**	< 0.1g
Fructose	1.3g
Glucose	1.5g
Lactose	0g
Mannitol***	< 0.1g
Sorbitol***	< 0.1g



*Certified by FODMAP Friendly, trading name of Fodmap Pty Ltd of Australia. Compared to many similar soups, these soups are Low FODMAP as they are > 90% free of Galacto-oligosaccharides (GOS), Excess Fructose, Lactose, Sorbitol and Mannitol.

Bay's Kitchen create award-winning, tasty foods which are free from Gluten & Dairy and are Low FODMAP* certified. See our full range at www.bayskitchen.com.

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BEST BEFORE END:



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