

SUGGESTED USE: Take 2 tablets per day with a full glass of water and preferably with food.

CAUTION: Do not exceed the stated dose.

If you are pregnant, breastfeeding, taking prescription medication or under any medical supervision it is advisable to consult a GP prior to taking any food supplements. Discontinue use and consult a GP if adverse reactions occur.

Not suitable for persons under the age of 18.

Keep out of reach of children at all times.

Do not use if seal is broken or damaged.

STORAGE: Store in a cool, dry place.

For best before end & batch number see side of label.

Food supplements are intended to supplement the diet and should not be regarded as a substitute for a varied diet and a healthy lifestyle.



New Leaf
products

Based on a
90 day supply

3*
Months
Supply

ZMA

ZINC • MAGNESIUM • B6



180 TABLETS
FOOD SUPPLEMENT

Nutritional Information

Serving Size: 2 Tablets

Servings per Container: 90

	Amount per Serving	%RI*
Vitamin B6	3.4mg	243%
Magnesium	166mg	44%
Zinc	10mg	100%
* Reference Intake		

Ingredients: Magnesium Citrate (Buffered), Bulking Agent (Microcrystalline Cellulose), Zinc Citrate, Anti-Caking Agent (Magnesium Stearate), Pyridoxine Hydrochloride

Magnesium does not originate from the UK

Zinc contributes to the maintenance of normal testosterone levels in the blood

Magnesium contributes to normal muscle function

Vitamin B6 contributes to the regulation of hormonal activity

Manufactured according to the GMP Code Of Practice for:
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FOR BEST BEFORE END AND BATCH NUMBER: SEE BELOW

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