Fushi organic herbs are sustainably sourced direct from our growers.

They are biodynamically grown, naturally air or sun-dried and fresh-ground® by hand in small batches in our London workshop and capsulated within 3 days in order to ensure optimal quality.

Visit our website to read our ethical policy.



**AGRICUITURE** 





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Fushi is a registered trademark www.fushiwellbeing.com



GURMAR LEAF >

Fushi Wellbeing Ltd. Unit 9 Roslin Sq Keizersgracht 482 London, W3 8DH 1017EG, Amsterdam Netherlands



**ORGANIC** 

# **GURMAR LEAF**

## FRESH-GROUND®

100% pure herb

60 vegan capsules



2 capsules daily or as directed by your healthcare practitioner.

Organic Gurmar Leaf (Gymnema Sylvestris), Hydroxypropylmethyl Cellulose (Vegan Capsule Shell).

Origin: India.

Nutritional Breakdown:	I сар
Gurmar Leaf	340mg

### Caution:

Do not exceed stated daily dose. Keep out of sight of children. Food supplements are intended to supplement the diet and should not be used as a substitute for a varied diet or healthy lifestyle. Store in a cool dark place. Do not use if the seal is broken.

## No added:

Wheat, lactose, preservatives, artificial colours or flavours, yeast.

FRESHLY GROUND & CAPSULATED FROM THIS **SEASON'S HARVEST**