



Please recycle

LACTOSE FREE

Ghee is free from lactose and casein and originates from India. Our award winning ghee is hand made and ideal for paleo, ketogenic and dairy free diets.

www.ossaorganic.com

FRY HIGH

Ghee has a high smoke point and is ideal for frying, baking and cooking. Try on sourdough toast or use as a stable, nourishing cooking fat.

YOU, YES YOU

In Ayurveda, ghee is used therapeutically for skin and hair. It contains essential fatty acids and anti-oxidants and can help hydrate the skin and scalp.

...it's a #gutfeeling



265g e

Ossa®

Organic GHEE

– Grass fed clarified butter –

Ingredients: Organic Unsalted Butter (**Milk**).
100% pure clarified butter from cows that are grass fed to organic standards.

Rich in CLA & Vitamins A, D & E. Non GMO.
Not bleached, deodorized or hydrogenated.

Store in fridge or cool pantry for up to six months.



GB-ORG-02

UK/non-UK
Agriculture

Allergy advice: See **bold** ingredients. Produced in an environment where nuts & other **allergens** may be used in other recipes.

Ossa Ltd,
London EC1N 8LE

Produced
in the UK



Nutritional information

	Per 100g
Energy	3611 kJ / 878 Kcal
Fat	97.6g
of which saturates	58.4g
Carbohydrates	trace
of which sugars	trace
Fibre	0g
Protein	0.1g
Salt	0g