

## Vegan Ashwagandha KSM-66®

500mg - 30 CAPSULES

**INGREDIENTS:** Organic Ashwagandha KSM-66® (Withania somnifera), Capsule Shell (Hydroxypropyl Methylcellulose).

**DIRECTIONS:** Take 1 capsule per day, with food. Do not exceed recommended dose.

### NUTRITIONAL INFORMATION:

	Per capsule
Organic Ashwagandha Root Extract (5% withanolides)	500mg

Carefully packed in the UK for DR.VEGAN Ltd.  
Crispins, Manor Farm, Michelmersh,  
Romsey, Hants, SO51 0NT.  
DR.VEGAN® is a registered trademark.

**FREE FROM:** Added Sugar, Starch, Sweeteners, Gluten, Wheat, Soya, Lactose, Dairy, Artificial Flavours, Colours and Preservatives.

Food supplements should not be used as a substitute for a varied balanced diet and a healthy lifestyle. If you are pregnant, breastfeeding, taking any medications or under medical supervision, please consult a doctor or healthcare professional before use. Discontinue use and consult a doctor if adverse reactions occur. Keep out of reach of children. Store in a cool, dry place. For Best Before End and Batch No. see below.

### FOOD SUPPLEMENT

[www.drvegan.com](http://www.drvegan.com)

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