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STORE IN A COOL, DRY PLACE

BEST BEFORE END:

BATCH NUMBER:

LAMBERTS®

THE PROFESSIONAL RANGE

# Pure Fish Oil 1100mg

Providing 700mg  
Omega 3

HIGH STRENGTH

FOOD SUPPLEMENT  
120 Capsules

**DIRECTIONS:** Take 1 to 3 capsules daily with a meal, or as directed by a practitioner or pharmacist. Do not exceed recommended daily dose.

Food supplements should not replace a balanced diet and a healthy lifestyle.

**INGREDIENTS:** Fish Body Oil Concentrate (Fish Oil, Antioxidant: Mixed Tocopherols), Capsule Shell (Bovine Gelatin, Glycerol).

Lamberts® Pure Fish Oil 1100mg has one of the best profiles on the market. Each capsule provides 700mg Omega 3 fatty acids including 355mg of EPA and 237mg of DHA, and the 5-stage purification process undergone by our oil ensures that there is no compromise on quality.

**KEEP AWAY FROM CHILDREN**

## PRODUCT INFORMATION

### Typically per capsule:

|                               |        |
|-------------------------------|--------|
| Fish Body Oil Concentrate     | 1100mg |
| Providing Omega 3 Fatty Acids | 700mg  |
| of which                      |        |
| Eicosapentaenoic Acid (EPA)   | 355mg  |
| Docosahexaenoic Acid (DHA)    | 237mg  |

- A daily intake of 250mg of DHA contributes to the normal function of the brain, as well as normal vision.
- Similarly it has been shown that a daily intake of 250mg of EPA and DHA contributes to the normal function of the heart.

TO BE TAKEN ON THE ADVICE OF A  
PRACTITIONER OR PHARMACIST ONLY

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