



form

Superblend Protein

Superblend rises to the challenge of your active lifestyle, redefining the “protein shake”

Superblend redefines the protein shake. Combining 20g of plant based vegan protein powder with greens and superfoods, it helps you meet your daily nutrient needs in one easy shake that tastes amazing, even with just water.

- Choc Salted Caramel, Choc Peanut, Vanilla & Key Lime flavours
- 20g of plant-based protein to support the growth and maintenance of muscle mass
- Less than 160 kcals per serving
- All natural
- No artificial flavours, artificial sweeteners or added sugar
- 100% plastic free, compostable packaging
- No plastic scoops, for use with tablespoons



Our own blend of organic pea protein with brown rice and pumpkin seed proteins

Form's Superblend vegan protein powder rises to the challenge of your active lifestyle, redefining the "protein shake".

A base of organic pea protein with brown rice and hemp proteins delivers a complete amino acid profile with no animal products.

Combined with maca, flaxseed and our own blend of greens and fruit powders, it's a great tasting vegan protein powder complete with fibre and prebiotics. All for less than 160 calories per serving.



Vegan



Dairy Free



Gluten Free



Non GMO



Compostable Pack



Our own blend of greens and fruit powders

Superblend provides your daily hit of antioxidants and other health enhancers with our mix of 12 fruits and vegetables to ensure you're on track for your daily requirements.



Adaptogens, Maca & Spirulina for stress and fatigue management

Hailing from the Peruvian Andes, our powdered maca root is an adaptogen which enables your body to take on challenging and stressful situations. By combining it with the energy and nervous system boost from the blue-green algae in Spirulina, you'll be feeling better than ever with Superblend.



Fibre for a healthy gut

As we discover more about the impact of gut health on the body's wider physiology and immunity, it becomes even more important to ensure a thriving 'microbiota'. To keep your digestive system healthy and vibrant, Superblend delivers over 5 grams of soluble and insoluble fibre per serving.



Vitamins and minerals

We've carefully selected the 11 vitamins and 3 minerals we feel will benefit your overall health the most, and provided them in at least 50% RDA per serving to ensure whole body efficiency.



Digestive Enzymes for better digestion

Bloating and uncomfortable digestion can be a common problem with many protein powders. We add the enzymes Amylase, Protease, Lactase, Lipase and Cellulase to aid and boost your natural digestion. No bloating, no uncomfortable stomach.



Naturally sweetened with stevia and thaumatin

Our innovative sweetener blend combines stevia leaf extract and thaumatin, a protein from the African Katemfe fruit. The combination of all natural sweeteners provides a unique flavour profile and rounded taste.



100% plastic free, compostable packaging

Our 520g pouches are fully EN certified compostable. As part of this move to be completely plastic free we've also removed plastic scoops. Usage instructions are updated on these new packs to reflect this.



BioPerine® to improve absorption

You aren't what you eat, you are what you absorb, and much of the goodness from food and supplementation can be lost through poor nutrient absorption. We ensure you get maximum benefits with an effective dose of BioPerine®, an extract from black pepper proven to increase bioavailability (absorption of nutrients).

Usage:

Mix 40g (2 tablespoons) with 300ml water or your preferred non-dairy milk. If you're feeling more adventurous, infuse it. Best served cold or with ice. Drink one or two servings a day either between meals or after exercise.

Ingredients:

Organic Pea Protein Isolate, Ground Flaxseed Powder, Fat Reduced Cocoa Powder (7%)*, Inulin, Natural Flavouring, Maca Powder, Pumpkin Seed Protein, Brown Rice Protein, Spirulina, Broccoli Powder, Kale, Beetroot Powder, Carrot Powder, Cabbage Powder, Sea Salt, Spinach Powder, Alfalfa Powder, Kelp, Orange Fruit Powder, Digezyme® (Amylase, Protease, Lactase, Lipase, Cellulase), Blueberry Fruit Powder, Raspberry Fruit Powder, Acai Berry Powder, Sweetener (Stevia, Thaumatin), Iron, Vitamin C, Zinc, Niacin, Pantothenic Acid, BioPerine® (Black Pepper Extract), Vitamin A, Vitamin B6, Thiamine, Riboflavin, Folic Acid, Vitamin B12, Iodine, Vitamin D3, Biotin

*Chocolate Salted Caramel & Chocolate Peanut only

Nutritionals

	Choc Salted Caramel	Choc Peanut	Vanilla/Key Lime
Amount per	Serving (40g)	Serving (40g)	Serving (40g)
Energy kJ	663	556	641
Energy kcal	158	133	153
Fat, g	5	3	4.9
of which saturates, g	0.8	0.6	0.9
Carbohydrate, g	4.3	3.6	3.7
of which sugars, g	1.5	1.3	0.9
Fibre, g	8.1	5	7.1
Protein, g	20	20	20
Salt, g	1.6	1.2	1.6

Vitamins & Minerals	Per Serving	% EU NRV
Vitamin A	400µg	50%
Vitamin D	5µg	100%
Vitamin C	40mg	50%
Thiamine	1.1mg	100%
Riboflavin	0.7mg	50%
Vitamin B3	8mg	50%
Vitamin B6	1.4mg	100%
Folic Acid	200µg	100%
Vitamin B12	2.5µg	100%
Biotin	25µg	50%
Pantothenic Acid	6mg	100%
Iron	14mg	100%
Zinc	10mg	100%
Iodine	150µg	100%

Contains 13 servings per pack