

REALFOODS™  
by Organico

Organic  
SPAGHETTI

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"Forkfuls of happiness"

Bronze drawn,  
slow dried  
Durum wheat

"Forkfuls of happiness"

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CUT OUT WINDOW

Bari in Apulia, Italy

Certified  
Corporation

"Please  
Recycle me"  
Recycle Box.

5 061044 190138

Produced in Italy for:  
Organico Realfoods Limited,  
Reading, RG64UP.  
www.organico.co.uk

Distributed in Australia by:  
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Carlton, 3053 VIC

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The Joy of Real Food...

At Organico Real Foods we're all about the joy of real food - that means growing happy, sourcing happy, cooking happy and putting a smile into every meal.

We get joy from curating the best organic ingredients from the finest artisan and small producers around the Med, from being planet friendly and from being proudly B corp. Our suppliers get joy from the way we treat and value them fairly, and pay them properly too.

Get your creative cooking juices flowing with our Spaghetti, proudly sourced to make maestro quality pasta recipes. From dough to drying, our pastificio is based in Bari, Puglia, at the heel of Italy, famous for a panorama of blue skies and sun-scorched wheat fields. It's all about slow proofing of the dough, shaping with traditional bronze plates and extra slow drying. The drying is where most makers speed up but that's where we slow down because good things take time.  
Happy days all round - that's the joy of real food.

Made in Bari, the heart of Apulia.

Let's Cook!

Boil plenty of water in a pot, add a good pinch of sea salt, stir in pasta, cook for 8 mins. Test doneness slightly before time ends. Drain in colander and serve with your favourite sauce.

| Nutritional value  | per 80g          | per 100g         |
|--------------------|------------------|------------------|
| Energy / Value     | 1259kJ / 297kcal | 1574kJ / 371kcal |
| Fat                | 0.8g             | 1g               |
| of which saturates | 0.3g             | 0.4g             |
| Carbohydrate       | 61g              | 76g              |
| of which sugars    | 1.8g             | 2.2g             |
| Fibre              | 1.1g             | 1.4g             |
| Protein            | 10g              | 13g              |
| Salt               | 0g               | 0g               |
| Sodium             | 0mg              | 0mg              |

Servings per pack: 3. Serving size: 80g

Ingredients: durum wheat semolina\*, water.  
\*From organic farming.

Allergy advice: Contains Gluten (wheat)  
May contain traces of egg, soy and mustard.

Storage: Keep away from light and heat.

Scan for further information

Planet SCORE  
PESTICIDES  
BIODIVERSITY  
CLIMATE

Produced in Italy


IT-BIO-007  
Italian Agriculture

250g e

Sharing the good times

VIEW WITH OVERPRINT SWITCHED ON

WIP DATE: 03.11.2023

|   |   |                               |       |            |            |          |             |                  |           |  |  |
|---|---|-------------------------------|-------|------------|------------|----------|-------------|------------------|-----------|--|--|
|  | client:   | RealFoods                     | date: | 08.08.2023 | STAGE<br>5 | cutter:  | Supplied    | designer:        | LS        | <div>colours:</div> <div>C M Y K</div> <div>Spot Colours:</div> <div><div></div><div>PANTONE Yellow C</div><div>Fonts:</div><div>Better Times</div><div>Fester Bold</div><div>Fester Semi-Bold.</div><div>Fester Heavy</div></div> |  |
|   | project:  | ORXXX_Realfoods_Wht Spaghetti | size: | 100%       |            | Barcode: | TBC         | artworker:       | AM        |  |  |
|   | description:  | Carton                        |       |            |            | copy:    | As supplied | Client approval: | -.00.0000 |  |  |
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